

STUDENT'S WORKSHEETS

**FOUNDATION PROGRAMME FOR LITERACY
NUMERACY AND SKILLS**

VOCAL MUSIC

GRADE 7

TITLE OF CARD :

Introduction to Sargam Geet in Raag Bilawal

MOE

MAHATMA GANDHI INSTITUTE

2026

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**INTRODUCTION TO SARGAM
GEET IN RAAG BILAWAL**



Introduction

What is a Sargam Geet and how does it help in Raag Recognition?

A Sargam Geet is a simple song sung using swaras such as Sa, Re, Ga, Ma, Pa, Dha, and Ni instead of words. It helps students concentrate on singing the correct notes in the right order. When students practise a Sargam Geet again and again, they become familiar with the special sound and phrases of a raag. This practice improves listening skills, helps students sing in tune, and makes it easier to recognise a raag when they hear it. Sargam Geet is very helpful for beginners because it prepares them to sing songs with lyrics later.

(Adapt as necessary for Carnatic Music)

Why is Sargam Geet in Raag Bilawal Important?

▪ It helps students sing swaras correctly in a raag ▪ It improves pitch, memory, and listening skills ▪ It prepares students for singing songs in Raag Bilawal ▪ It builds confidence in group and solo singing

Brief Notes on Raag Bilawal

- **Jaati** : Sampoorna (All seven swaras are used in ascent and descent)
- **Vadi** : Dha (The most important swara of the Raaga)
- **Samvadi** : Ga (The second most important swara, supporting the Vadi)

(c) Hindustani Notation System and Its Importance

The Hindustani notation system is a written method used to record music using swaras such as Sa, Re, Ga, Ma, Pa, Dha, and Ni. It helps music learners remember melodies, practise independently, and understand the structure of a Raaga. Notation makes learning systematic and supports accuracy in singing and playing instruments. It also allows students to

revise lessons easily and share musical ideas with others.
(Adapt technical terms as necessary for Carnatic Music.)



Warm-Up

Before singing Sargam Geet, students should practise:

- light humming on "Sa"
- breathing slowly through the nose and exhaling gently.
- sitting or standing with a straight posture.



Self Assessment

Name: _____

Date: _____

Class: _____

Activity :

1. What is a Sargam Geet?

Write a simple definition in your own words:

.....
.....
.....
.....

2. Multiple-Choice Questions

A. What is a Sargam Geet?

- a. A song sung with words
- b. A song sung using swaras only
- c. A fast instrumental piece

B. Which of the following swaras are used in a Sargam Geet?

- a. Do, Re, Mi
- b. Sa, Re, Ga, Ma, Pa, Dha, Ni
- c. Ta, Te, Ti

C. How does practising Sargam Geet help students?

- a. It helps them run faster
- b. It helps them remember song lyrics
- c. It helps them sing correct notes in order

D. Why is Sargam Geet useful for recognising a raag?

- a. It uses loud music
- b. It helps students learn the special sound of a raag
- c. It teaches dance steps

E. Why is Sargam Geet important for beginners?

- a. It prepares them for singing songs with lyrics
- b. It helps them learn sports
- c. It makes singing harder

F. What is the Jaati of Raag Bilawal?

- a. Audav
- b. Shadav
- c. Sampoorna

G. Which swara is the Vadi (most important swara) of Raag Bilawal?

- a. Sa
- b. Dha
- c. Ga

H. Why is the Hindustani notation system important?

- a. It helps students write essays
- b. It helps learners remember and practise music correctly
- c. It is used only by teachers

Rate yourself by drawing the emoji that suits you better

Yes



NO



Statement	Yes	No
1. I find the Sargam Geet easy to learn.		
2. I know which rhythm cycle (taal) the Sargam Geet follows.		
3. I can sing the Sargam Geet without the support of the teacher.		
4. The Sargam Geet is a new type of music that I learned in this lesson.		

1. What did you learn about Sargam Geet in Raag Bilawal today?

.....

2. One thing I want to improve:

.....



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